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Welcome to the spring edition of the newsletter!

Firstly, let me thank the contributors this month:

- Allan Henshaw
- Craig Hommonay
- Lisa Webber
- Trish Irving
- Michiyo

I actively encourage others to become part of this list. Remember, we ALL have something worthwhile to say!!

A new addition this month – the Chattering Chair! Our Chairperson will be regularly contributing to the newsletter (thanks A!!!).

Also, there have been many queries regarding PHWA joining CCH – former Chairperson Jan Duncan has kindly provided some details on the hows and whys.

Sadly, there had been some despondency within the PHWA committee this month – the hunt for a secretary continued in some distress. Thank you to Sue for coming forward and welcome!!!

Lisa Webber has given us some wonderful ideas on how to contribute in her article – I urge you all strongly to not

only **read** her article, but to **ACT** on these suggestions.

It is said all too frequently that most committees and associations operate on a very few doing most of the work and sadly, PHWA is no exception. Let's be the ones to change that.

Spring is nearly here and our clients will be springing out of the woodwork to make the positive changes they want after the winter hibernation – ensure your training is up to date and you are fully equipped to fulfill your wonderful role as a helper to these clients.

Also, as mentioned in the last newsletter, the private health funds are beginning to recognise us – however, they have some strict criteria and it is up to each of you individually to ensure you are meeting those criteria – you owe it to yourselves and your clients to be as “up there” as you can possibly be!

Training is provided and if the type or quality of training isn't tickling your pickle, then (again) we urge you to **speak up**!! Training can never be tailored to the silent response.

Wishing you a lovely spring, abundance and happiness!!



WORLD CONFERENCE *'Empowering You'*

Join Australian and International Professionals - Leaders in their field coming together for this world class event to celebrate 60 years of hypnotherapy in Australia.

Australia Hypnotherapists' Association World Conference 'Empowering You'

12-13th September 2009
The Mercure Sydney Hotel
Sydney Australia

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- Life Coaching
- Medical
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For further information and registration details for AHA World Conference visit www.ahahypnotherapy.org.au or contact:

AHA World Conference Secretariat
Conexion Event Management
PO Box 601
Pymont NSW 2009
Australia

Phone: + 61 2 9518 7722
Facsimile: + 61 2 9518 7222
Email: conference@ahahypnotherapy.org.au

I use hypnosis to relieve the pain I get by going to the dentist office



I went to a hypnotist to find out who I was in a past life. Turns out I was an elm tree.



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The Chattering Chair

Allan Henshaw, Chairperson

The phrase "hit the ground running" keeps ringing in my ears for some reason. Probably because that's exactly what it has been like since the AGM when I was the only victim...sorry, volunteer, to put my hand up for the Chairmanship. However, now that we're here let's "big it up". I intend that the "Chattering Chair" will become a regular feature of the newsletter - it will let me get the good oil out to all those who can't make the meetings.

And, talking of "bigging it up" during my tenure of office I intend to raise the profile of the Association so that it becomes the natural first port of call for those who want hypnotherapy, those who want to undertake hypnotherapy, and those in the media that want to write or report on hypnotherapy. To this end we have created the post of Media Co-ordinator and I can think of no better person than Mailin Colman to take on this task. Apart from producing this newsletter she will also be cultivating contacts in the media and dropping media releases on their desks faster than leaves fall in autumn. At least if she hasn't realised that already then she will have now!

We are also going to put greater emphasis on the training side of things. Let's face it; most of us don't pitch up every month to hear me rabbit on. We want to improve our knowledge and

gain first hand knowledge of the results of others' experiences. I know that Lisa Webber has got some interesting and informative training sessions in the pipeline which will help us all to keep abreast of current developments. As well as member training sessions which feature some of the best names in the business, Lisa has also lined up some interesting outside speakers touching on topics which can only help to increase our knowledge and business acumen.

I have also asked John Vernes to programme me in to every basic course so that I can talk to the students and, hopefully, convince them of the need to join PHWA.

So much for the plans for the year ahead. The year ahead almost didn't happen. As most of you know, we failed to get a volunteer for the Secretary position at the AGM and the committee were faced with some stark choices - one of which was to close the Association. Thankfully, that didn't happen and, after some long and painful discussions at the last general meeting, Sue Seaby put her hand up for the job. I cannot say how thankful that I am to Sue and I know that I have a good Secretary on board.

In recognition of the efforts that Patricia Irving put into the role of Secretary last year it was decided to make her the

PHWA representative at the AHA World Conference in Sydney in September. Congratulations Trish - well deserved.

And with all the talk of problems trying to fill committee positions I think that it is timely to remind all members that both Trish and I have to step down at the end of this term of office having completed our maximum as Executive Committee members. Therefore everyone in the Association needs to start thinking now about how these two positions are going to be filled. It's natural to be a "shrinking violet" and put hurdles in the way of you putting your hand up. But please remember; it doesn't take up as much time as you think it might, you have an incredible repository of help from previous members, you get to put something back into YOUR organisation, and you get your membership fees waived!! Now, how good an offer is that???

So, an exciting year ahead and who knows what in the future? Please do come along to the monthly meeting. Not only do we want your views on how the Association is run but it also gives you the opportunity to brush up on your hypnotherapy skills and keep up to date on developments within the hypnotherapy world.

Allan Henshaw
Chairperson, PHWA

Nobody can do everything, but everyone can do something.

By Lisa Webber

The author of the above quote may be unknown, but we all know it to be true. Recently, the members of PHWA all had the opportunity to reflect on this idea, as Allan reminded us that this association belongs to us, ALL of us & we only get out what we put in.

One of the purposes of the association is to support one another as hypnotherapists, so in this article I hope to give a few practical suggestions about how YOU may share your strengths so others may benefit.

Firstly, know that *"the greatest of all mistakes to do nothing because you can only do little - do what you can."* ~Sydney Smith

Contact Joanna Tennyson (PHWA librarian) if you have read any good books on hypnosis and hypnotherapy or if you have seen any good DVDs. Better still, do a brief critique & send it to Mailin Colman (Media Co-ordinator) for inclusion into the newsletter.

If you have come across a successful script, or even a useful metaphor you could seek permission to include it in the PHWA newsletter, or make people aware of where to find it through the newsletter or our monthly meetings.

If you have had success with an interesting client, seek permission to write a case study to include in the newsletter, changing the client's name (naturally).

If you've attended interesting training, write a review and perhaps give some insight into the learning you gained, with permission

from the presenter. I'm sure they won't mind if it is written so as to promote the trainer & their teachings. Then send it to Mailin for inclusion in the newsletter.

If you have a specialist area or an issue you have good results with, contact Lisa Webber to do a training session. If you feel you couldn't present for an hour, shorter sessions can be organised. We learn so much from one another.

Alternatively, you may know a presenter that could share their knowledge with members. Even allied therapies, such as NLP and EFT (coming in October) can be useful to us in our work to support clients.

World Hypnotism Day is looming, so consider how you can use this opportunity to promote our profession.

- Visit the official WHD site <http://www.worldhypnotismday.com/> for specific ideas.
- Join the sub-committee and help maximise the potential of this opportunity!

If you've read the above, but none of those ideas appeal to you, be creative!

At the very least, attend meetings when you can & support the presenters that are supporting US!

Lisa Webber
Training Officer
PHWA

5 PATH A Systematic Approach - Part 3 in a series of articles by Craig Homonnay

Age Regression (AR)

When I first started doing hypnotherapy professionally, I was surprised at how few therapists used Age Regression (AR). Age Regression when done well, is one of the most powerful tools any hypnotherapist can use. Age Regression is very efficient. It is fast, reliable and effective because it takes you right to the cause of the problem, The Initial Sensitizing Event (ISE) and the Subsequent Sensitizing Events (SSEs).

To be effective, you must regress the client "back to where it all began." This is called the Initial Sensitizing Event. Also, after the ISE, there may have been other events that compounded the problem; this is what we mean when we are discussing SSEs. I found that there are several reasons for the lack of its use. The most common reason that a hypnotherapist might not use AR is that they were never trained in the techniques. Another reason is that these therapists have tried to use AR but it did not work for them, their client's did not regress. These therapists usually will admit that an unsuccessful attempt at AR is very frustrating (and probably embarrassing for the therapist).

If the hypnotist does not experience success, it is most likely caused by not consistently deepening their clients enough to achieve somnambulism. A client in light or medium states will, at best achieve a pseudo-age regression, or experience hypermanesia. The client will find him or herself struggling during the session, which leads to lightening the level of trance, and may even emerge from the hypnosis altogether. This will frustrate the client and therapist, and the therapist will begin to avoid AR.

Finally, the problem may have been that therapist was not comfortable having the client re-experience the emotions associated with the problem (Abreaction) .Age Regression really deserves volumes of discussion, but let me give you an overview and some recommendations that will make it a successful approach to helping your clients. Keep in mind from the beginning of therapy that you will want to do AR with the client. Also remember why you want to do AR. Most of the problems that hypnotherapists work with, with the exception of pain management, are behaviour problems like over eating, addictions, fears and stress. We want to help change how the client behaves. The behaviour is the complaint that the client brings to you. But the cause of the behaviour is that the client has an emotion inside of them that they don't like. It is an emotional discomfort of some sort. The problem behaviour is a way of coping with that feeling.

For example, the smoker who wants to quit is unable to because whenever he feels stressed, angry or bored, and so he experiences the emotion as a strong urge to smoke. The cigarette is a coping device. Smoking diverts their attention away from the unpleasant feeling for a short while. Giving them some momentary relief (this is why smokers will confess that cigarettes help them to relax, when there is nothing in a cigarette that is capable of helping them in that way, because the chemicals in cigarettes are stimulating in nature). This is also what happens with over eating, addictions in general, stress and anxiety.

So if we can go in and undo what is causing the feeling, the problem behaviour can then be removed, because it no longer serves a purpose.

How can we do that using AR? The emotions that we carry within us at any given moment really come from three different places: the past, the present, and concerns about the future. The real problem is that often, we are carrying around a hefty load of emotions concerning the past that just aren't useful. They have also been for the most part forgotten and left in some corner of the subconscious mind.

The purpose of AR is to uncover the source of these feelings from the past and neutralize them, so that they no longer interfere with our lives in the present. If the emotions from the past are successfully neutralized, then they no longer resonate with current situations that are similar. Your client will simply feel more in control of his or her life, feeling more calm, safe, secure and confident.

So, let's discuss how to get your client to AR successfully and reliably. Let me start with some of the reasons that your client's might not have regressed in a hypnosis session.

First of all, don't tell your clients that you are going to regress them, if you can avoid it. Rather I tell them what I am going to do rather than how I am going to do it. I will often inform the client that using hypnosis we can rapidly remove unwanted or useless negative feelings of the past. Usually your client is very happy to hear that they are about to get rid of some heavy baggage that they simply don't need any longer.

Why not tell the client that you intend to do AR? If you tell them that you are planning to regress them, they may react in one or two ways that will inhibit success. First, expecting a hypnotic regression may put them under unnecessary stress because they will become afraid that they won't be able to do it. Many clients report having poor memory of their childhood (which does not prevent a good hypnotic regression, by the way, but the client doesn't know this). And, secondly they may be afraid of how they may react if they remember or re-experience the ISE. They may likely be afraid that they will cry or otherwise embarrass themselves. Informing the client of an age regression seems to invariably work against you and your client's best interests.

The next most likely reason that the AR was unsuccessful is that the client was not sufficiently deepened. If you have deepened and tested for somnambulism, your clients will reliably regress as suggested. So long as you lead them into the regression with confidence.

Another reason they might not regress is that the method of regression was not well chosen or well executed. Here are a couple of methods you can use to reliably perform an AR. First ask yourself, do we already know when the ISE occurred? If so then just suggest that they go back to that date or circumstance. There are a number of ways to do this. I like simplicity, so we generally use something like, "in a moment, I'm going to count from one to five, when I get to five you will be back at...(insert time, date or circumstance)" Here, I will fill in the date or significant information that identifies the time and circumstance, like "your fifth birthday party."

However, in most cases we find that we don't know the exact ISE (time, date or circumstance). Even when the client, thinks he or she knows when it all started, I don't rely on it, and prefer to use the Affect Bridge method of regressing the client, for the vast majority of the AR work that I do.

The affect bridge is so reliable that I use it ninety-nine percent of the time, when doing AR for therapeutic reasons. (Non-therapeutic examples of AR are finding lost items, forensic hypnosis, and regression for recreational or research reasons.) In order to use the Affect Bridge method of regression, again it is best to have the client in a state of somnambulism. However, if you are not sure of somnambulism, you may want to proceed anyway, because if you follow this suggested procedure, it will probably deepen the subject enough to induce somnambulism

Next time: How to do an affect bridge age regression

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Contact - Lisa Webber 0403 134 798

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TM
Taken from Mind Motivations™ Newsletter – August 2009

Up Coming Dates:

Monthly Ongoing Trainings

Lesson Eight:	Hypnosis for Children	Saturday, 29th of August, 2009
Lesson Nine:	Conscious Subconscious Interfacing	Saturday, 19th of September, 2009

Certificate of Hypnosis Course Perth **15, 16, 21, 22, 23 August 2009**

Three Day Advance Mind Dynamics course - MELBOURNE 28, 29, 30 August 2009

Four Power Hypnosis Course SYDNEY 18, 19, 20, 21 September 2009

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Some time ago (many, many meetings back), Michiyo was discussing her 1 session/1 hour smoking technique - there were many requests at that meeting for further information. Michiyo actually sent this to me back in March and it missed the June newsletter (sorry Michiyo!!). Here it is now.....

Pre-stop-smoking suggestion

In this deep and special relaxation...your subconscious mind...for your own protection, takes note of what is happening around you.....so these suggestions, which are for your benefit...go directly to your subconscious mind...there they are accepted...because these ideas are for your benefit....these thoughts become firmly fixed deep in your inner mind ..embedded, so they remain with you, long after I have opened your eyes...helping your being to change those things you want to change, for your own sake.

The main non-smoking script

You have now made one of the most important decisions of your life...to save your life. By giving up smoking...giving up polluting your lungs...you lungs perform one of the most important functions in your body...without them you cannot breathe...you cannot live...it is essential for you to keep your lungs clean and fill them with fresh air...so you can live....and be healthy.

Your body has to cope with pollution from the air that you breathe...you lungs are adaptable and can cope with this...but the extra strain that smoking brings about...the extra concentrated pollution you are sucking in from each cigarette...is weakening your insides...your mouth...your throat...your lungs....your stomach and your blood...are just a few of the victims of your carelessness...but also the dangerous chemicals that are used in the pesticides sprayed on the tobacco as it grows are used to kill insects....and now are slowly killing you...you have been forcing people around you even younger children ...to breathe in your extra pollution...you have been ignorant to how unsociable it has become.. no more ...now you care about yourself and people around you.

From now on...you will find that you are more and more conscious...that smoking is bad for you...you are more and more aware...of the damage it is doing to your health....that it is increasing....by many times your chances of dying...a horrible and painful death...from cancer or heart disease...you imagine yourself fighting and struggling for breath...or suffering with severe damage to your limbs and arteries.

You may fool yourself....that this...is along way off....but you know it will catch up with you eventually...you know that smoking is doing serious damage to your general level of fitness....you hate the unpleasant taste in your mouth and throat...you hate the way that smoke makes your hair and clothes smell....especially when you know that other people around you....are noticing it too....so many

people have been able to give up now.....and they notice it more when you smell of smoke....even being beside you makes their own clothes smell.

You know how much smoking is costing you and how much better you can spend the money on other things.....you know that deep down are lying to yourself....when you tell yourself that smoking calms and relaxes you ...it's only a crutch - you can cope easily without it....you know it is really only making you more tense... it is no longer sociable, in fact the smoker is now a misfit.. a danger to non-smokers....forcing them to become passive smokers...against their will.

You find the thought of a cigarette...so disgusting...that you do not want to even pick one up...from now on you cut off any urge to have a cigarette....before it even strikes you...by relaxing ...and slowing down you breathing ...as you do this the urge to smoke....disappears.....your subconscious is finding ways to get rid of your smoking habit...redirecting the satisfaction...to a good habit....more advantageous to you...you have no desire at all from now on to smoke....you craving has gone....for ever.

The whole idea of smoking is offensive to you... you just don't need it any more...your inner mind finds safe and effective ways to rid yourself of this...revolting habit...and as your complete mastery...over your former smoking habit increases...you become proud of your self-control and willpower...your lungs and throat...feel so much clearer....you have much more energy ...you feel so much more relaxed....even food tastes so much better...and you enjoy it so much morealthough you find your appetite doesn't increase...you feel more like eating healthy food....and so you find you are able to maintain your desired weight much more easily...while protecting your body...from the poison of further smoking....you inner mind automatically balancing your food intake...to keep you fit and healthy...your resistance to illness and disease increases steadily day by day.....now just take a deep breath.... and relax...now take a deep breath....and relax.

FOR SALE

Far Infrared Sauna - as new

Colour therapy * Sound therapy * Single person American Hemlock

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Contact Jan on 9257 2396

HOW did PHWA join CCH?

Jan Duncan (former Chairperson of PHWA)

Jan has written this article because she has fielded several questions about this over the past few months and wants the issue to be clear in people's minds.

The committee of PHWA wanted to form associations with national organisations for the purposes of sharing information regarding the upcoming changes to health provider requirements.

We decided to go ahead with an affiliation with CCH because they:

- had no fees to do so
- are always happy to alert members to new information
- Were prepared to give PHWA members the CCH member discount on workshops

Another attractive point was that when CCH lobbied for anything, PHWA was included as part of the petition, provided we agreed with it, of course.

There was no suggestion that CCH control PHWA, tell us what to do, or that we were in any way beholden to CCH, and neither do they dictate policy.

When the National Register was activated, PHWA was automatically included. The recent letter sent out (by CCH) explains that CCH are now no longer an association as such, so there can be no suggestion that they are the owners of PHWA. They no longer have individual members, which is why I was surprised at another association's email claiming that CCH has been trying to recruit members. Just because we are on the Register, it does not mean people are Clinical hypnotherapists either, it's simply a register for hypnotherapists.

As before, if you want to be a clinical member, you need to approach AHA. CCH only accepted clinical members from accredited organisations like AHA, when they were still operating as an association. Unless you belonged to AHA or another such organisation, you could not join.

Association with CCH does not mean that PHWA members are automatically clinical hypnotherapists, nor does it entitle members to use the CCH logo, it just means we get more information about what's going on, and cheaper workshops.

The committee discussed this over several months, John Steer attended a phone conference with CCH to answer any concerns before we went ahead, and we asked members to vote. During this time, we were also approached by the AHA but the three options they gave us were not viable at that time; they were as follows:

- To pay \$40 per head to join
- To have our levels of membership lifted to theirs
- To be absorbed by the AHA

The first and last were not an option, and we were in the middle of reclassifying membership requirements, so it was decided not to proceed at that time until the committee had it all sorted out.

The letter from CCH referred to in this article is attached to the end of this newsletter. The Committee hopes that this answers members' questions – however, should you have further questions, please do not hesitate to ask.



Profile: Louis Coreman, Treasurer of PHWA



Born in Brussels in Belgium under the sign of Cancer after the Second World War, Louis had a very cosmopolitan start in life living in Africa as a child for the first eleven years. Educated by the nuns in a Catholic Mission in the then Belgium Congo, he then returned to Belgium and continued his education with Ecole Notre Dame de la Paix.

In 1962 the family (comprising of parents and five brothers) migrated to Australia, settling first in Brisbane where he finished high school and then commencing his future employment as a Surveyor Assistant which also entailed more education through correspondence with the emphasis on mathematics.

Eventually moving on to Airborne Geophysical Survey as air crew operating the instrumentation which included computers and navigations systems.

During the course of his career, he also ran survey missions as party chief for several years then became more involved with PCs as they became more prevalent in the 80's, writing software for processing and imaging of geophysical data.

In 1967 he moved to West Australia where most of the geophysical work was applied. He married in Kalgoorlie and eventually had three children. Moving to Perth in 1972, he continued his survey work until the late 1990's.

At this period, he had an aneurysm in the brain which incapacitated him and completely changed his ability to access the left hemisphere of this brain (logic and mathematics). After a long stay in hospital, he decided not to accept his fate and look for ways to heal himself, exercising his mind through reading, playing chess and mental gymnastics.

During this period of rebuilding, he studied modalities like counseling, which he felt was inadequate in helping people, as all he was doing was listening to people without actually helping them to change. He therefore went on to further studies encompassing such modalities as Orion Theta healing, Thought Field Therapy, Quantum Touch, PSYCH-K, before finding his passion of Hypnotherapy.

2003 was a year of discovery for Louis when hypnosis became his passion. He has become involved in every aspect of Hypnotherapy commencing with his own specialized method of stopping smoking (having been a smoker himself in the past). Now preferred therapy is in the fields of depression, self esteem or self worth.

He now lives in Mandurah with his two cats, namely Gabby and Angel who control his life. From Mandurah he continues his clinics in South Fremantle and Bunbury.

Your PHWA Committee

<p>Chairperson Allan Henshaw ahenshaw907@yahoo.com.au 0417 179 081</p> <p>Vice Chairperson Patricia Irving irvingp3@bigpond.com 0412 421 186</p> <p>Secretary Sue Seaby sueseaby@y7mail.com 0430 034 221</p> <p>Treasurer Louis Coremans louisco@iprimus.com.au 0439 724 312</p>	<p>Catering Tess du Toit dutoit@iinet.net.au 0418 272 695</p> <p>Librarian Joanna Tennyson joannat2@optusnet.com.au 0434 309 525</p> <p>Training Lisa Webber thewebbers@optusnet.com.au 0403 134 798</p> <p>Media Co-ordinator Mailin Colman marnie1@iprimus.com.au 0417 184 355</p>
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Upcoming PHWA Meeting Dates

Meeting Dates

- September 20th
- October 18th
- November 15th
- December 20th

Training

- Coleen McClymans – Anxiety & depression – it’s many forms
- Internationally acclaimed EFT Master and Trainer Rehana Webster
- Calvin Munro called - Hypnotic experiences with Richard Bandler
- Christmas party – no training

All meetings commence at 10.00am and are held at the Stirling Regional Business Centre, 45 Delawney Road, Balcatta.



Please send all newsletter submissions and articles to:
 Mailin Colman
marnie1@iprimus.com.au



The Voice of Professional Hypnotherapy

May 16th, 2009

Via Email to:

All Members of the CCH

Important Announcement re the Australian National Hypnotherapy Register

You may have heard news of the moves CCH have recently made to establish an independent national hypnotherapy register. This letter is to bring you up to date with the FACTS so that rumour and innuendo do not take hold.

As a result of the changes we have implemented, and which were greeted with great excitement at the CCH meeting on the 3rd May, ALL of the associations except for AHA are now on board as members of the CCH. **With these changes, and the evolving HCA, for the first time in the history of hypnotherapy in Australia, the profession is coming together to act as a united voice.**

In light of moves made by various levels of Government including COAG and the Department of Health and Aging, it was decided at the last CCH Executive Meeting that we could not wait until the HCA is up and running before we establish the National Register. It is far more urgent than this. When the private health funds are required to ensure service providers meet stringent conditions as of 1st July we need to be ready to comply or miss out all together. The CCH decision to establish a unified national Register will help this process.

When HCA finally does become operational and it is considered to be prudent to do so, **the National Register will transfer to HCA.**

The Australian National Hypnotherapy Register (ANHR) has been incorporated, initially with CCH as its sole shareholder. This structure will include ownership by the associations once the new structure and operation of CCH settles down and the ongoing involvement of HCA is finalised. A new website has been prepared by David Dixon to be the on-line presence of the Registry. This can now be accessed at <http://www.anhregister.org.au> and you and your clients will now be able to search for your profile on that site.

Whilst sponsored by CCH, the Registry will have its own "life". The website has a simple explanation of the raison d'être behind it as a unified national registry,



The Voice of Professional Hypnotherapy

independent from any vested interests or single associations, and claims the title of THE National Register. All current members of CCH became the inaugural members of the National Register when it went live on May 3rd. With most associations expressing support for the move we anticipate their members swelling the numbers on the register very quickly to include the majority of practicing hypnotherapists in Australia.

In the past we have received strong resistance from some associations to joining CCH as a peak body, primarily because we have been perceived as acting as an association ourselves (and hence viewed as competition) rather than the intended purpose of being a peak body. It is therefore important that CCH change its operation in the perception of both the associations and government in order to move ahead. From now the only members that CCH will admit are approved associations with colleges and other training organisation as Associate Members. This removes the view that we are competing with the associations, and so removes objections to joining forces. The initial response from the associations and their members has been overwhelmingly supportive, including strong support from the ASCH and other key groups. You can now see the supporting associations on the Register website at **anhregister.org.au**.

CCH now acts only as a unifying peak body supporting the associations with advice and guidance when asked. We provide assistance with training (both professional and supervisor), a suggested code of ethics and recommended minimum standards. Notwithstanding, the associations are autonomous bodies responsible only to themselves, but with guidance available as necessary.

CCH is acting to lobby government and health insurance companies on the recognition of Clinical Hypnotherapy as a separate profession. To this end we will be completing work on further submissions as a matter of urgency and begin the lobbying process. Furthermore, we are able to announce that through our negotiations with our Insurance Broker, Insurance Made Easy, the comprehensive professional indemnity insurance cover that was previously only available to CCH registered members is now available to all members of CCH Member Associations. This is a very tangible benefit for Member Associations, as the CCH policy was carefully tailored to meet the needs of Clinical Hypnotherapists and is inclusive of Regression and Past Life Therapy (which are now exclusions on many insurance policies).

And finally, as existing members on the National Register, your annual fee will reduce to only \$50, effective immediately. You will shortly be issued with an attractive new Certificate to indicate your official entry on the National Register and your compliance with strict educational and professional guidelines. You will be able to link your website to the Register site so clients can search the register and ensure themselves of your professional standing.



The Voice of Professional Hypnotherapy

When you renew at any time between now and 31st August your renewal will be valid through to 31st August 2010. Both new applications and Renewal process each year is very simple. A simple application form is attached to a copy of the current Certificate of Membership for your approved association and sent with fee. You will also be able to pay and renew on line if your association has provided us with a list of current confirmed financial members.

So, in short, life just became more exciting as the profession draws together to enhance its public profile and credibility. We look forward to working closely with the associations to lobby Government at all levels. And most important we look forward to working productively with you all to enhance our professional status and help thousands more clients per year using one of the most powerful and effective modalities for physical and mental health.

Best Regards,

Gary Johnston
Acting President, CCH