



**2011 AGM ADDRESS FROM THE CHAIRPERSON
JULY 2011**



Firstly, welcome all to the 2011 AGM. It is nice to see so many people here.

This is the end of my year as Chairperson of PHWA and there are a few points that I would like to cover off on. I do hope that you will bear with me - I won't make this report too long if I can help it! I am reminded of a quote from George Burns several years ago. He quite rightly stated that "A good Sermon should have a good beginning and a good ending, and they should be as close together as possible" - I think that could equally be applied to Chairperson's reports at AGMs so I will try and abide by Mr Burn's wisdom.

This year has seen some rather significant changes occur in the realm of hypnotherapy - of course I am referring to the disbandment of the CCH and the inauguration of the HCA. I am sure that there are still one or two chasms to cross before the HCA is running at full speed, but there has definitely been a collegiate approach across the various associations to bring this about. PHWA has been there from the beginning and I would like, on behalf of the membership, to pass on our appreciation to Alan Henshaw for his work with the establishment of, and the ongoing running of, the HCA - thank you Alan!

PHWA training has gone ahead monthly and I would like to thank Barbara Saba for her diligent efforts to arrange the training. It is always a difficult thing to do and the old adage that YOU CANNOT PLEASE ALL OF THE PEOPLE ALL OF THE TIME is very true in the respect of arranging training. I think that it is fair to say that Barbara has pleased most of the people most of the time and this is a definite achievement.

Our little Library has grown under the management of Hilary Wright and Hilary has brought forward a number of suggestions throughout the year to structure the Library to better suit the majority of members needs and expectations. Well done Hilary!

A huge amount of work that has taken an extraordinary amount of time has been undertaken by Verona to get the membership database and arrangements in place and I think, from an organisational perspective, we are in a very good position now because of this work that has been done. I do specifically want to acknowledge this work by Verona - it has been excellent!

Jennifer, with a little help, has kept us fed and nourished at each of the meetings, Glen as Secretary has kept the Minutes and kept us honest as a Committee and Ross has made sure that our funds have been accurately managed - though he is still yet to approve the funding of the Committee Meeting in the Bahamas! Though a number of our meetings conflicted with programmed training activities, John has provided support, guidance and feedback where necessary and I do appreciate that as well.

Our new WebPage is up and running and from a aesthetic point of view, I think it looks very good. From an ongoing management point of view, things have been greatly simplified and this will stand us in good stead for the coming years.

Over the last 12 months, PHWA has had a spot on National Nine News Perth and provided a 20 minute presentation on hypnosis and hypnotherapy to the Annual Men in Black Ball. I also anticipate that, in the next couple of weeks, there will be a story in at least 5 of the Community Newspapers regarding hypnotherapy and registered practitioners. We have provided ongoing support and attendance at the regular meetings of CCH (until it disbanded), given written feedback and comment to the Government enquiry into Unregistered Allied Health Practitioners and support to the establishment of the HCA. We have amended training and meeting schedules to best suit with the majority of members expectations and have completed preparations and policy for incorporation of Mentoring and Supervision requirements for membership.

All in all, there is still a number of things to do - but that does not discount the efforts, time and commitment given by all members of the current Committee to achieving what we have achieved. I am very conscious of the fact that we all have busy lives, ongoing professional and personal commitments and many things demanding our time. Being aware of this, I want to sincerely offer my heartfelt thanks to all members of the outgoing Committee for your efforts, your attention and your commitment and also for your support of me in the role of Chairperson - I think that you can all feel very proud of what you have done!

Finally, and hoping that I have not incurred the wrath of Mr Burns by the length of my 'Sermon', I would like to wish all the very best to the incoming Committee. You can be assured of our ongoing support in your roles and responsibilities.

Now, before I feel compelled to break into a rendition of 'My Way' by Frank Sinatra, I will end this Chairman's report by thanking all of the PHWA membership - we have an organisation to be proud of and one that I am proud to be a member of.

Thank you.
Michael Werts
Chairperson - PHWA Inc.

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MEETINGS:

Meetings are held at the RAAFA Museum at Bulls Creek, WA on the 3rd Sunday of each month.

- 19 Jun 2011 (Completed)
- 17 Jul 2011 (AGM & Lunch) – (Completed)
- 21 Aug 2011 (PD Trg)
- 18 Sep 2011 (Gen Meet & Trg)
- 16 Oct 2011 (PD Trg)
- 20 Nov 2011 (Gen Meet & Trg)
- Dec - No Meeting

REMINDER:

Membership Renewals due 1 Aug!
Please contact the Membership Secretary

REMINDER:

NEW PHWA WEB SITE

Though it has been a long time in coming, the new PHWA Website is now published and available for Members and the general public.

The new website is based on the information in the old website - but is in a much more modern and simpler format.

As time progresses, the information on the site will be reviewed and updated. This will be a much simplified process as the new website administration is conducted under an online website management tool called Joomla. Joomla will allow us to manage the content, update information, add pages or text to the website and add/delete/modify individual member's profiles and information. This will be a considerable cost saving for PHWA with the only 'paid-for' updates resulting from some limited information resident in specific scripts on the site.



The screenshot shows the PHWA website homepage. At the top is the PHWA logo and a navigation menu with links: HOME, WHAT IS HYPNOSIS, HYPNOSIS FAQS, MEMBERS, CODE OF ETHICS, FIND A HYPNOTIST, ARTICLES, NEWSLETTERS, LOGIN, CONTACT. Below the navigation is a banner image of a city skyline at night with the text "Moving hypnosis forward in Western Australia". The main content area features a heading "Professional Hypnotists of Western Australia" followed by a paragraph about the organization's purpose. There are several call-to-action buttons: "BECOME A MEMBER" (with a "CLICK HERE" sub-button), "FIND A HYPNOTIST" (with an "Australia Directory Listing" link and a "CLICK HERE" sub-button), "SUBSCRIBE" (with a "Sign up for our free newsletter" link and a "CLICK HERE" sub-button), and "JOIN PHWA" (with a "To become a member please contact the Membership Secretary for an application form." link). There is also a "SEARCH SITE" box and a "FIND A HYPNOTHERAPIST" box with search criteria like Keyword, Post Code, and Distance. A "MEETING DATES" box at the bottom right states "Meetings are held at the RAAFA Museum at Bulls Creek, WA on the 3rd Sunday of each month." A small portrait of a man is visible in the bottom right corner of the screenshot.

Our thanks go to Ryan Mentzer for his work in establishing the website and undertaking the initial coding, configuration and design. Though not a prime consideration, it is also pleasing to note that the PHWA website now features highly on the Google Search Rankings, thanks to the SEO work also done by Ryan.

An excellent result! I do ask members to visit the site, have a look around and in particular - check your information and details. Please let us know if there are any updates or modifications required.

Thank you
Ed.

PHWA Committee – 2011/2012

At the AGM held on 17 July 2011, the membership elected the PHWA Committee for 2011/2012. Several positions changed and a list of the Committee positions is below.

Thank you to the new members of the Committee!

Chairperson/Media: Michael Werts	0401 635 355	president@phwa.com.au
Vice-Chairperson: John Vernes	0403 839 641	vice_chairperson@phwa.com.au
Secretary: Phil Harrison	9255 5354	secretary@phwa.com.au
Membership Secretary: Verona Gibson	0412 040 079	membership.secretary@phwa.com.au
Treasurer: Ralph Nielsen		treasurer@phwa.com.au
Training: TBA		training@phwa.com.au
Library: Hilary Wright	0411 119 794	library@phwa.com.au
Catering: Lonai Werts	0411 106 465	catering@phwa.com.au

From the desk of the Membership Secretary:

The past 12 months has proved to be an interesting year for my position, as I hope we have increased our effectiveness and efficiency within the administration of the role pertaining to members profile and their memberships support and requirements. The proof will be in the renewal and new memberships, which are due 1st August 2011. The committee has taken an in-depth look at how to make our requirements more supportive and professional for our members, remembering that everyone has 'a life and challenges'. All members have received their renewal package with their support documentation giving them enough notice and time to prepare for this annual task.

We are moving into an exciting period with Hypnosis in Western Australia and importantly Australia on a national level with the HCA, so we must ensure that our member's qualification and dedication to this important field is recognised and maintained for the benefit of all

involved. The committee has now taken a firm view on practitioners who are advertising that they are current members of PHWA and who actually are not. We are been very action driven with quick responses to those complaints and unprofessional acts. We have received excellent responses to date. So if you are aware of anyone who is doing this and that they are not members please contact myself or the Chairperson so we can act quickly and effectively.

I wish every member a successful and rewarding year to come. I look forward to another productive year within PHWA – taking our association from strength to strength.

Kind regards
Verona Gibson

PHWA's Newest Life Member

The PHWA Committee was very pleased to present a life-membership to Patricia Barker at the recent AGM. The awarding of a life membership to Patricia acknowledges her contribution to hypnosis and hypnotherapy within WA and in particular the establishment of the PHWA predecessor - WAHA.

Patricia's Life Member status is richly deserved.



Pictured – Michael Werts and Patricia Barker at the AGM – 17 Jul 11

Advertisement



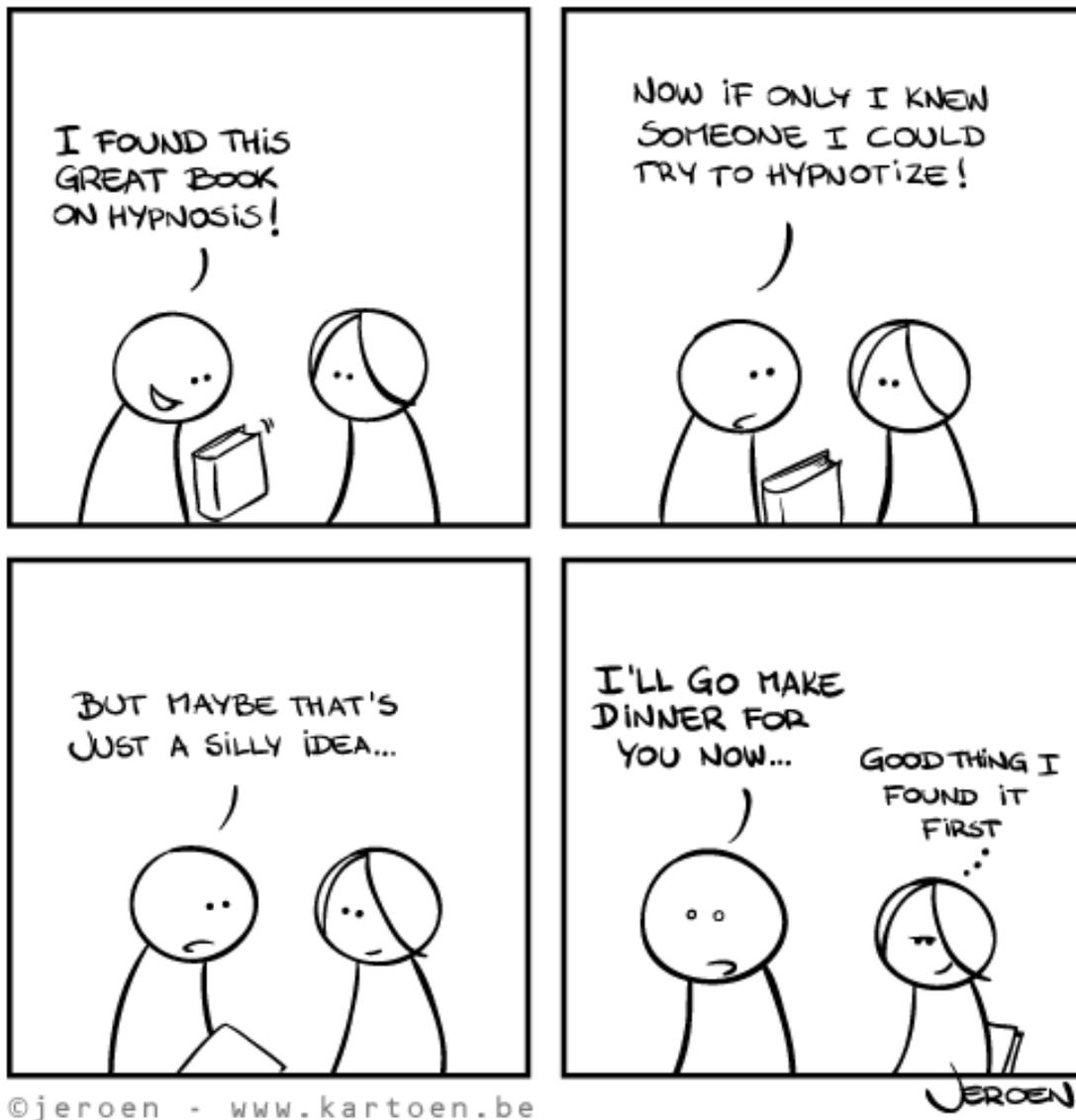
PERTH HYPNOSIS CENTRE

Perth Hypnosis Centre has a fully furnished Hypnotherapy consulting room to lease 2-3 days a week until February, including 6 days a week mid-September to mid-October.

Please contact Phil Harrison - Ph:08 9255 5354

E: perthhypnosis@bigpond.com

W: www.perthhypnosiscentre.com.au



As advised at the Annual General Meeting on 17 July 2001, the Committee of PHWA has recently finalized work on the issue of Professional Supervision. For members' information, this is included below.

*Thank you
Ed.*

**PHWA
Professional Supervision**

1. Supervision Requirements for PHWA.

Supervision is rightly considered to be vital to the practice of professional hypnotherapy as a way in which therapists can continue to ensure currency and have access to help in emergencies or with clients whose presenting issues are difficult.

Equally important, however, is that supervision maintains continued competency and to ensure currency of professional skills. This offers a valuable “checking in” procedure, helping hypnotherapists to stay grounded and centred, maintain professional and personal boundaries, avoid “burnout”, and thus provide safe, ethical and competent hypnotherapy for all clients.

Clarification of Terms:

For the purposes of this policy, the term Supervision represents professional supervision arrangements, individual and group mentoring or formal peer support. For simplicity and clarity, the term supervision will be used throughout this document.

2. Minimum Supervision Hours.

There are two kinds of supervision arrangement:

Differential Supervision. A minimum 10 hours of clinical supervision each year for the first three years of practice. Supervision may take the form of individual or small group meetings (of up to five supervisees and a supervisor). It is not the same as administrative or management supervision, nor is it the same as psychotherapy or counselling of the supervisee.

Peer Support

A minimum of 10 hours of supervision that are required to renew membership on the register and can be 100% peer supervision for clinical registrants who have worked in the field and had professional supervision continuously for at least three years since becoming eligible for clinical registration with PHWA.

2a Definition of Differential Supervision:

For Hypnotherapists of fewer than three years' clinical experience:

1. The supervision occurs at regular set times throughout the year.
2. The methods are appropriate.
3. The Supervisor is properly qualified.
4. A form that is signed off by both supervisor and supervisee after each session will document the occurrence of the sessions for the record.

5. The Supervisor is professionally insured as a practitioner.
6. The Supervisor agrees to abide by their Associations, Code of Ethics and Disciplinary Procedure.

Differential Supervision occurs when there is:

- An appropriate gap of experience between supervisor and supervisee, i.e. the supervisor is significantly more experienced than the supervisee.
- No close social or business relationship between the supervisor and supervisee (e.g. a close friendship, in practice together etc.) However, the supervisee may be a trainee or former trainee of the supervisor.

2b. Definition of Peer Supervision

Hypnotherapists who have more than three years' clinical experience are entitled to maintain a peer supervision arrangement, but this is still subject to guidelines.

1. The supervision occurs at regular set times throughout the year.
2. The methods of supervision are appropriate.
3. The Supervisor is properly qualified.
4. The Supervisor will maintain an accurate log of the time spent in supervision.
5. The Supervisor is professionally insured as a practitioner
6. The Supervisor agrees to abide by associations Code of Ethics and Disciplinary Procedure.

Peer Supervision occurs when there is:

- No essential gap in experience between supervisor and supervisee, or that there is a gap but it does not feature within the supervision dynamic.
- That the supervisor and supervisee recognise each other as peers and that, therefore, the supervision is mutual and reciprocal, each taking on both roles.
- A social or business relationship may exist between supervisor and supervisee engaged in peer supervision, however, it is preferable that supervisor and supervisee are not business partners.

3. Methods of Supervision

The following methods of supervision can incorporate:

1. **Face to Face:** The supervisor and supervisee meet together.
2. **Individual or group sessions.**
3. **Telephone/Web Cam/Other Technologies:** The supervision occurs by telephone, web cam, SKYPE or other similar technologies which utilise real time conversation.

4. Selection of Supervisor:

- Registered practitioners may choose to complete their professional supervision requirements using an accredited supervisor of an association other than PHWA. This allows for more flexibility and options in cases where geographic locations and supervisor availability could make it difficult for a hypnotherapist to meet their professional supervision requirements.
- Supervisors will be approved to provide Supervision services by the PHWA Committee and the Membership Secretary will maintain a list of recognised/authorised supervisors. This listing will be made available to the membership.

5. Supervision Records – PHWA Membership Renewal Credit Points

Besides providing valuable support to the individual hypnotherapist, supervision is also an aid to professional development. As such, professional supervision can be used as credit point for membership renewal.

The PHWA Committee will, from time to time, determine and approve credit points for all Professional Development activities and Supervision credit points will be included in these reviews. It is strongly suggested that PHWA members providing supervision services, whether those services are to PHWA or other Association members, be recognised with the awarding of Supervision Provider credit points.

As mention throughout this document, Supervisors are required to maintain specific records on times spent providing supervision and who that supervision was provided to. When applying for membership renewal, individuals will be required to advise of the number of supervision hours undertaken throughout the previous year. A copy of the Supervisor's log need not presented however the Membership Secretary will, on a random basis, request copies of supervisors logs to support individual member's renewals.

6. Supervisor Approval Requirements

Given the nature and aims of Supervision, coupled with the reality that a number people practicing hypnotherapy will have qualifications in other disciplines (ie. Psychology, Social Work, etc.), the requirements for authority to act as a supervisor are not prescriptive or limited to hypnosis/hypnotherapy qualifications. It is reasonable that a hypnotherapist may elect to undertake supervision by someone who has psychology qualifications though it is acknowledged that, in some cases, these individuals may not have the specific knowledge of hypnosis to be able to deal with hypnosis specific questions, issues or problems. In these cases, the PHWA Committee will provide guidance and assistance if requested by a member.

PHWA members, when considering a Supervisor from outside of the PHWA, should ask potential supervisors to outline their:

- experience and understanding of hypnosis/hypnotherapy
- experience and knowledge of hypnotherapy or associated issues, including how they keep their skills and knowledge up to date
- experience and training in providing professional supervision
- theoretical approach to supervision
- limits regarding confidentiality
- availability
- cost for service

As a minimum requirement, Supervisors must:

- 1) Supervision qualifications. Qualifications need not be specific to hypnosis/hypnotherapy and can be based upon other industry courses/experience.
- 2) PHWA Member/Supervisor. For PHWA members to be qualified as a Supervisor they must:

- a) Have at least three years clinical experience in hypnosis / hypnotherapy (this requirement may be waived by the Committee depending on the individual's other experiences, courses and/or work history.
 - b) Have completed a recognised supervision training course. From time to time, PHWA will conduct Supervision Training courses. These 'in-house' courses will be of a sufficient standard to qualify the individual to provide supervision services.
 - c) Be a current, financial member of PHWA and meet and maintain all requirements for practicing members.
- 3) Authorisation. For Supervisors who are not listed on the Authorised Supervisors PHWA webpage, members will need to obtain approval from the PHWA Committee for the preferred supervisor. Application must be made in writing (email is suitable) and list the following:
- a) Supervisor's Name, Address, Email and Telephone Contact details.
 - b) Supervisor's employment & qualification to act as supervisor
 - c) Relationship with Supervisor (ie. Employee, Colleague etc.)
 - d) Confirmation that the Supervisor holds Professional Indemnity Insurance.
 - e) State whether supervision is being provided as part of another modality/qualification or limited to hypnotherapy.
 - f) Reason that an alternative supervisor is preferred/required.
- 4) Once considered by PHWA Committee the outcome will be advised to the member in writing (email is suitable).

Supervisors, whether a part of PHWA or alternative supervisors approved by PHWA are free to determine whether or not payment for supervision services is required. If payment is required, the arrangement is between the Supervisor and Supervisee and PHWA has no involvement in these arrangements.

Child Birth Script

Script provided courtesy of Rick Collingwood.

To be used once the client has been induced into hypnosis.

Now, you can just continue to relax and drift deeper and deeper with each breath you take, or each word that I say.

So you're going to have a baby? Your body is doing what it does, automatically, with its superior knowing. Your body is right now and indeed continually, even as I talk to you here, there, your body is finding its own way to grow and to form that perfectly healthy strong baby now growing happily inside. You know that you don't have to consciously worry about how your body is growing that baby, because the subconscious mind knows exactly what its doing, what's really necessary, and because the subconscious mind knows then the conscious mind doesn't really need to know, so it can simply continue to think about whatever else it needs to think about so that the subconscious mind can easily get on with the job at hand.



Now, as you know, there are many different aspects involved with having a baby. From the very moment of conception things begin to change, so very slowly at first as all of the correct nutrients are sent to that tiny developing foetus, so that it can simply continue to grow. Then the times comes for the mother, for all mothers I'm sure, when they develop a knowing that something is changing, or that something is indeed beginning to grow, and the only difference at that time is a feeling, a strange and deeply powerful knowing that something quite extraordinary is taking place, even without conscious awareness.

Then other things begin to happen, little signs like feeling a little different. Until soon one day comes the knowing, from a Doctor, from a test kit, it makes no difference. Quite pleasant to find out about a miracle is it not? Naturally as can sometimes happen, the conscious mind can spend some time wondering whether all will be OK, although like most things, it usually is regardless of the incorrect negative speculative fears of the conscious mind. A baby is very special to its mother, even to the point where although many years may have passed since that child was born, an 80 year old mother will still carry those mothering baby feelings for a son or a daughter who is now themselves 60 years old or so.

Then into the future while that baby continues to develop, it can be quite common to speculate about, or be told about the apparent pain of childbirth. Well you know as well as I do that speculation is usually completely incorrect, assumptions arrived at by ignorance or fear, usually both. And as for other peoples stories and opinions, they are just that, usually exaggerated half-truths. As you well know, if a body, your body, contains within itself all of the unseen forces necessary to create a healthy baby, then also it easily contains all of the mechanisms to allow that body of yours to expand and contract and also to do what ever else is positively needed for you to experience a fast, pleasant, and perfect delivery of that little baby growing within.

Your body is an incredible self-perpetuating organism, an amazing collection of different forces and energies that regulate cells and promote health. The body has an intelligence all of its own.

This intelligence knows how to perform every function required within the body at any time for any reason, like an automatic functioning super intelligence. This same intelligence, walks you, talks you, sleeps you, awakens you, feeds you, dresses you, daydreams you, scares you, excites you, makes you tired or energetic, and does indeed do so many more things, performs so many more acts than your conscious mind could or will ever be aware of.

This same part of your mind, this subconscious part, it is automatically growing this baby for you, from you, and it knows exactly what to do, just as it knows how to ensure that you constantly remember to breathe, even in your sleep. A billion things every second this amazing power, has the body to do. Turn a pain into a dull numbness it can do that easily.



Now listen very carefully with the subconscious part of your mind. I'm going to give the subconscious part of your mind some very positive and helpful instructions, and your subconscious mind can listen, hear, understand, and believe my every safe and sensible child birthing instruction, and what it means, then transfer those newer better instructions to every part of your mind and body that need to know these things to ensure that when the time is right. Well to ensure that when the time is right, then you

will have a quick and pleasant, childbirth. You will feel minimal pain, and you will deliver the baby into the world and remain conscious and calm, free from excessive pain and discomfort for you during that birth time.

You are going to find that from now on, from this time on as that little baby inside you continues to grow, you are going to find that all of your focus and attention is going to be about how excited and happy you are at the prospect of bringing this new child into this old world. Therefore you will know automatically within every part of your being, that the negative opinions of others have no place in the plan of your baby's birth. There is too much positive excitement happening here to possibly ever be overshadowed by other people opinions.

More helpfully than this, you can know that as the days go by and your baby continues to grow, then eventually the day will arrive when it is time for your baby to enter into the world. Now for whatever reason, however difficult that child birth and giving birth may have seemed to you in the past,. Well on the due day, as soon as you are

aware that baby is coming, you will notice to your pleasant surprise that you are rather relaxed. You will be relaxed both mentally and physically. Your primary focus will be on how happy you are to be having this baby, to be performing this miracle of life.

As you already know, and as your subconscious mind always knew, your own body can grow and accommodate a baby, so therefore it can easily and comfortably stretch to allow that baby, your baby, into this world. You are also going to find that as soon as you know that this baby is ready to arrive, as soon as it is time for you to give birth, then every muscle in your body that needs to stretch will stretch. The muscles in your groin and pelvic area will stretch easily and comfortably. And another thing you will notice, with a little amusement to yourself, is that when the baby is ready to arrive, when you are in labour. Then every breath that you take will act like anaesthetic upon any muscles in your body that may need a little extra comfort, regardless of what muscles need that comfort or where they may be located in your body. And because you are so comfortable giving birth to that little miracle, you will also find that as you continue to relax with your breath inspired muscular anaesthetic, then your perception of time

will speed up. So much so that an hour then will go by like ten comfortable minutes, and the thought of any possible pain will be so far from your mind that it won't reflect there, then.

This for you is going to be an easy and comfortable birth, no point to see or feel it any other way. Now listen very carefully with your subconscious mind and absorb every positive and helpful thing that I continue to tell you about the birth of your child.

This birth will be easy safe and comfortable for you

Your perception of time will speed up as your baby is being born

The birth will be fast and comfortable an incredible experience for you

Pain will be a far thing from your mind as your baby is being born

When you are giving birth, every breath that you take will act like a pleasant physical relaxant and anaesthetic

When you are giving birth, all of the pain sensing nerves in your pelvic area will go to sleep, and so you will feel no pain



This will be easy for you and you will do it easily, pain free and excited for the future

As well as this you can also know that your own body will recover quickly and correctly from the birth, leaving you to more effectively get on with the most important job in the world, the job of being a mother.

Now every night, or every day, I want you to spend some time, at least 10 minutes, and focus relaxation down into the muscles of your lower stomach, your womb, and into your entire pelvic region, into all those muscles. You will then know, and your body will quickly learn to completely relax. And as you focus your attention down into those muscles, I want you to breathe in relaxation and hear the words "relax now" in your mind. This you are to do every day or every night, you will, until that baby arrives. Focus your attention into your pelvic muscles, breathe in relaxation, breathe out tension and discomfort, breathe in relaxation, and breathe out discomfort. Over and over and over.

And this breathing, that rhythmical flow of air will become as an anaesthetic to you at the time of birth and also any other time you happen to feel any general discomfort.



END

Training Notices:



Sheila Granger

Recently we sent out an email about Sheila Granger running a Virtual Gastric Band Hypnotherapy workshop in Perth. We are now pleased to announce we have the dates of this workshop for you.

Friday 14th and Saturday 15th of October – venue to be announced.

Sheila will offer her knowledge of what works, how it works and will provide all the material you will need. Further information is provided below and check out Hypnopatter (July edition will be issued this week) for workshop reviews, letters to the editor about the training and much more – so many contributions to this edition of Hypnopatter were about Sheila and her training.

The workshop will cover all aspects of utilising the Virtual Gastric Band for weight loss in a client, and full training materials will be provided including all scripts (which can be adapted by therapists to best suit the client), and MP3 recordings of the back up CD's. She covers the background to this programme, the trials that have been conducted and engaging the medical profession. Sheila also covers marketing / business building and shares everything that she has done to that has made it so successful.

UK based hypnotherapist, Sheila Granger has helped literally hundreds of people in the UK to lose weight after conducting a trial which achieved a 95% success rate. Since the trial in November 2009, Sheila Granger has received patients to her clinic from all over the UK, who testify that the Virtual Gastric Band is like 'flicking a switch in the brain'. It changes their attitude towards food and gains control over cravings and bad habits. Weight is lost naturally and maintained relatively easily. The virtual gastric band is applied under hypnotherapy over four weekly sessions. It carried ZERO risk and there is no invasive surgery. The subconscious believes the stomach is smaller and the mind doesn't allow a person to over-eat. There is no diet, instead simple rules to reduce portion sizes, motivation to exercise, a supporting hypnotherapy CD to listen each day and a personalised CD when the treatments are complete. The most important thing about the Virtual Gastric Band in comparison to the actual gastric band is that the virtual version deals with the issues in a persons mind and their relationship with food. Having a foreign body inside your stomach simply does not deal with psychological factors. A bariatric surgery patient can still over eat and burst the band, plus they have to eat a pureed diet. With the virtual band, if they find they are eating too much, it can be tightened under hypnotherapy, there is no invasive surgery and they are treating the psychological problems not just the physical. Sheila Granger explains: "Feedback from my clients shows increased will-power and no need to deprive themselves of the foods they enjoy. As humans if we are told to avoid something, we crave it even more".

Investment: At this point, the costs are expected to be:

\$495.00 Members

\$525.00 Non-members

Please note: The investment may vary slightly – we will confirm costs as soon as they have been set.

Expressions of interest: please email Mailin marnie1@iprimus.com.au to place your name on the list. Those who have already done this, please do not do so again – you are recorded!!

Once we have confirmed the investment for the workshop, please register as per below.

A.H.A. (WA Branch) WORKSHOP REGISTRATION FORM – 14th & 15th October

Tick box(es) and enter amount: •AHA Member •Non-member •Early Bird Amount: \$.....

NAME: PHONE:.....

ADDRESS: Email:

Post or email your completed registration form with your remittance and/or proof of payment to:

Direct Debit: CBA BSB 062 320 A/C # 10315754

Use your name as the reference and notify Kristina of your payment by email along with receipt/ confirmation of deposit.

Post cheque to: Kristina Alderson, 54 Hayward Rd, Martin,6110

The Treasurer: Kristina Alderson

Phone: (08) 9398 2301

Email: Kristina@krysallis.com.au



The Next Hypnosis Training Dates with The Australian Academy of Hypnosis™ for 2011 are

Nine Day Certificate of Hypnosis with John Vernes Perth

Part One: Friday, Saturday, Sunday, 24th, 25th & 26th of June, 2011

Part Two: Friday, Saturday, Sunday, 1st, 2nd & 3rd, of July, 2011

Part Three: Friday, Saturday, Sunday, 18th, 19th & 20th of November, 2011

Six Day Mesmerism & Hypnotic Fascination Training (Magnetista Emeritus) with Dr Marco Paret

Wed the 12th until Monday 17th of October 2011 inclusive.

HOUSEKEEPING

Advertising.

Advertising is available in the PHWA Newsletter. Please contact the Membership Secretary for more information.

Contributions.

Contributions from Readers and Members are always welcome. Please email media@phwa.com.au with your inclusions, articles, thoughts or inputs. Please note that contributions may be edited for space/layout purposes only – content and intent will not be impacted. Any changes will be confirmed with the Author prior to publishing.

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